



High Hopes Clubhouse

Spring 2022

The Road to Meaningful Employment

Clubhouse Colleague Training

Recently Tiffany, Leicia, and Kaelee, along with colleagues from Capitol and Circle City Clubhouses, attended Comprehensive Clubhouse Training at the Genesis Club Training base as Group #196. There are 12 International Training Center Clubhouses in several countries around the world. Clubhouse trainings bring staff and people with real-life experience of living with mental illness together in this full-immersion program to learn all the aspects of Clubhouse.

During the two weeks of Colleague training, Group #196 participated in several sessions where they discussed the Clubhouse history, philosophy, and the model. From these discussions, each Clubhouse then developed their own action plan. Acting in her new role as Assistant Director, Kaelee joined Tiffany and Leicia for the final three days to help with the finishing touches on the plan. Upon their return they presented their action plan that focused on four key areas:

1. **To increase our average daily attendance to 55.**
2. **To increase our young adult population, ages 18-25, to 30 members.**
3. **To increase Transitional Employment positions to at least 15.**
4. **To develop a supportive system for educational opportunities.**

We will now begin the hard work of implementing these goals within High Hopes Clubhouse. The action plan set milestones starting immediately and extending into August 2022. We would like to offer our gratitude to Genesis Club for a great training experience and look forward to making High Hopes Clubhouse an even stronger Clubhouse.



New Assistant Director

High Hopes Clubhouse is excited to promote Kaelee Tanner as our new Assistant Director. Kaelee has been a part of our Clubhouse since 2016. She began her Clubhouse journey as an intern from the University of Maine at Farmington where she earned her Bachelors Degree in Rehabilitation Services. After graduating, she was hired as staff and was Colleague Trained at Genesis Clubhouse. While at the Clubhouse, she has held many different roles and is currently part of the Membership Services unit. We are confident her enthusiasm and passion will inspire us to reach for our goals.

"I have been honored to grow with Clubhouse throughout my entire career starting as an intern. I am touched to have this new role and to continue work in this amazing community. I can honestly say I cannot imagine my life without Clubhouse."
-Kaelee



The Return of TE Sites for Colby & Wendy's



High Hopes Clubhouse is thrilled to announce a revived partnership with *Bon Appetit Dining Services* at Colby College. Through this partnership we have re-developed two Transitional Employment positions. These positions are at Dana Hall performing dish sanitation and restocking. Bon Appetit and High Hopes are no strangers to one another as there are seven members who currently hold Supported Employment positions.

We also recently reconnected with our local Wendy's to regain a cleaning TE position. This position was placed on hiatus while they renovated the building. We are ecstatic to be back at Wendy's and to be part of their team. We have had many successful TE positions at Wendy's over the years, and look forward to this continued partnership.

Congratulations, to Miles Hisler who has accepted the Colby position and to James Sweet who has accepted the Wendy's position.

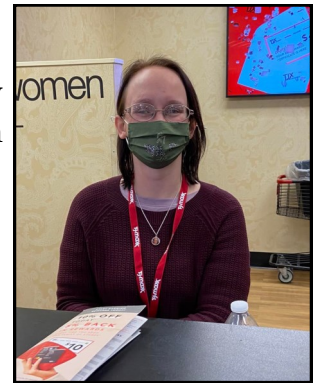
Transitional Employment Updates!



Portland Pie Company recently connected with High Hopes Clubhouse to establish a TE position to assist with salad and sub making. Kory Smith has accepted this new position to start us off. Keep up the great work, Kory!



High Hopes Clubhouse is also pleased to announce two new TE sites at T.J. Maxx. We started these positions on January 4th. Shelley York and Tiffany Gould are our first members to work with the team at T.J. Maxx and are fantastic representatives for this new site.



(Not Steven Larson, but a reasonable facsimile)



Elizabeth Hotham recently accepted the TE position at Save-a-Lot is off to wonderful start. Steven Larson is currently working in the TE position for the Kennebec Behavioral Health in the Facilities Department and continues to do a thorough job.



We are currently looking to develop entry level TE sites that are 15 to 20 hours a week. If you or someone you know needs employees, we could be the perfect match! You can reach us at 207-877-0038 or email: lsoucie@kbhmaine.org

Supported and Independent Employment Highlights!

High Hopes Clubhouse
Fiscal Year Earnings 2021



\$1,185,890.10

Membership: 146
Average Daily Attendance: 42
Members in Education: 5
Transitional Employment sites: 8
Members working in Supported and Independent Employment: 46



Advisory Board Of High Hopes Clubhouse

Kim Croswell- Board President,

Dr. Robert Croswell- Chief of Psychiatry at Maine General

Hannah Bard- Director, Mid-Maine Regional Adult Community

Jay Blood- Member of High Hopes Clubhouse

William Bonney- Deputy Chief of Police

Mark Kavanaugh- KVCC, Chair, Department of Social Services

Christopher Jaramillo- Employer, Bon Appetit at Colby College

Kirsten Roy- Waterville, Alumni Member

Tina Chapman- Senior Engagement Officer, KBH

Kaelee Tanner- Assistant Director High Hopes Clubhouse

Anita Anderson- Member of High Hopes Clubhouse, Faculty of Clubhouse International

James Sweet- Member of High Hopes Clubhouse, Faculty of Clubhouse International

Wes Uhlman- Vocational Rehabilitation

Justin Jurdak- Member of High Hopes Clubhouse



New Clubhouse International Faculty Member

This past winter, our director, approached James Sweet to consider joining the faculty of Clubhouse International. After thoughtful consideration — and some healthy hesitation — James applied to attend the training. He successfully completed his Faculty Training, in March. James already has two Clubhouse accreditation visits scheduled, and will be a great asset to continue the growth and strength of the Clubhouse Model. James became a member in 2019 and has been very active in the Clubhouse community. He completed his Comprehensive Colleague Training at Independence Center in St. Louis, and has embraced everything Clubhouse since. James has a passion for learning, understanding and teaching the Clubhouse Standards to others. He is a natural leader, often helping others and assisting where he is needed in the Clubhouse. We look forward to his new adventure!



“It is not enough to know the Standards, you got to be able to understand them as well,” and, of course, “Sally Forth!”- James

Maggie’s Goodbye

In January, we said goodbye to our assistant director, Maggie Bryant. She accepted a new position with Maine General Medical Center as a Health Coach. Her High Hopes Clubhouse journey began as an intern from University of Maine at Farmington in 2014. She was hired as a Unit Coordinator that same year. After four years of working in the Business Employment Unit, she was promoted to Assistant Director where she performed admirably. Maggie was a proponent of health and wellness in the Clubhouse often leading self-care related activities and starting health-fitness challenges. It is with this focus on Clubhouse Wellness that she was able to find her way into this new endeavor without missing a beat. Good Luck, Maggie!



“We are happy for her, but sad for us.” -Sweet Baby James

Welcoming New Staff

Jessica DeRaps and Shannon Parlin joined our Clubhouse community at the end of February and the beginning of March. Jess is a graduate of KVCC, coming to High Hopes Clubhouse with work experience as an Occupational Therapist Assistant. She learned about High Hopes Clubhouse through a presentation in one of her classes at KVCC. She stated “I like to help people help themselves” as the reason she was drawn to the Clubhouse model. Jess is the newest Unit Coordinator to join the Membership Services Unit. (Top Photo: Jessica)



Shannon is also a graduate of KVCC in the Mental Health program. She put herself through college while also working in the helping profession as a CNA. She comes to High Hopes Clubhouse with some case management and med management experience. When asked about her thoughts of High Hopes she stated “I think it’s great to help people get back to work”. Shannon is enjoying herself working as a Unit Coordinator in the Business/Employment Unit. (Lower Photo: Shannon)



We are glad to have both of you on our team and look forward to getting to know you! If you have not met Jess and Shannon, please stop in and welcome them to our Clubhouse community!

	<p>26 College Avenue Waterville, Maine 04901 (207) 877-0038 Fax: 877-0322 Highhopesclubhouse.org</p>	